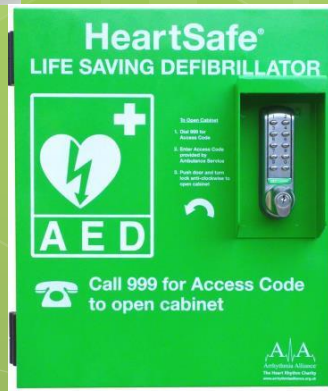


# The potential to save lives - - - -

## IN HILTON



# What does it mean and what does it involve?

# Some immediate questions answered - - - -

- Why an automated external defibrillator (AED)?
- What do I do if I suspect someone has a heart attack?
- What does an AED require; can anyone use it?
- What cost and who pays?
- Want to learn more?
- Who is involved already?
- What about you?



# Why an AED?

- Sudden cardiac arrest is a primary cause of death
- It can strike at any age
- Cardiopulmonary resuscitation (CPR) helps - but defibrillation helps more
- The Ambulance Service response time target is 8 minutes, but with cuts in budgets - - - - ?
- A Hilton AED may save a life



# What do I do if I suspect someone has had a heart attack?



- On your own?
  - Call the ambulance service and do as they say.
- Two or more of you at the scene?
  - Call the ambulance service – they will know about the local AED
  - One fetches the local AED and then Ambulance Service person will advise you to follow AED instructions which are very easy.






# What does it require?

- ❖ Where will the AED be located?
  - ❖ On Potton Road
- ❖ In accessible, warmed cabinet
- ❖ One or two pads + simple to follow instructions
- ❖ CPR instructions



Designed for anyone to use!

# Anything else?

- Power to keep defibrillator at operating temperature and operate the lights. 
- Every few years new pads and pad battery may be needed. 
- Occasional bulbs for lights. 

# What cost and who pays?

Defibrillator

£900 - £1000

Cabinet

£500 - £1000

Installation

£75 - £200

- We will apply for a British Heart Foundation grant
- Plus / or donations – already pledges made!

# Want to learn more?

Try these links:

- <https://www.bhf.org.uk/heart-health/nation-of-lifesavers/about-defibrillators>
- <https://www.resus.org.uk/faqs/faqs-defibrillators/>
- <http://www.sja.org.uk/sja/first-aid-advice/first-aid-techniques/using-a-defibrillator-aed.aspx>





# We want to make everyone aware - - - -



- Local health professionals strongly support this step for Hilton
- A small group of us is keen to obtain an AED and will take what steps we can to secure one for the village
- We want everyone to be aware of the benefits and the AED's ease of use.

# Who is involved already?

- Ann & Mark Goodridge, Dr Paolo Fagnoli, Steve Bridge, Dr Richard Hodder, Ken Attwood, Andy Bush and others are working together to obtain a village AED
- All of this group and others have agreed to keep an eye on the AED and ensure it is kept in working order
- We will keep in close contact with the local Ambulance Service.

# And what about you?

- Want to offer support?
- Have some questions or concerns?
  
- Please contact Ann Goodridge who will be happy to help.